MOSTYN STREET CLINIC

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Dear Employer/School

Your **Employee / Student** presented today requesting COVID19 clearance.

Unfortunately, doctors are unable to provide patients with COVID clearance at this time. As per government advice and guidelines, resources must be conserved for patients who are both unwell and fit strict testing criteria.

This is to preserve precious healthcare resources, such as testing kits and protective equipment.

At this time, doctors are unable to:

- Provide clearance for people who have from returned overseas. These patients need to self-isolate for 14 days. Once 14 days have passed, if the person shows NO symptoms, they are fit to return to work.
- Provide clearance for well people who have had contact with unwell people (if the unwell person has NOT been formally diagnosed with COVID19). Our advice is to self-isolate only if they develop
- Provide testing for patients with MILD illness symptoms, with no COVID19 contacts or travel risk factors. These people are to take 'Sick leave' as usual for a cold or flu, and are able to return to work once their symptoms have fully resolved.

As an **Employer/ School,** you can do your part to help during this difficult time by:

- Allowing employees to self-isolate for 14 days if they meet the current government criteria (The most up to date criteria will be found on your local state government website)
- Allow any and all employees who are able to work from home to do so
- Cancel meetings, training, large group events
- Allow employees who develop viral illness symptoms to take sick leave as required, without requiring a medical review or clearance from already overstretched clinics.
- Make changes to how your business operates to be flexible for those staff who are high risk, such as immunosuppressed, to adjust their risk of exposure.

Your **Employee / Student** did not meet the criteria for COVID testing as of review today. They are to quarantine at home for general viral illness, and once symptoms FULLY resolve they are fit to return to work.

Kind regards

Dr Louisa Hope Provider number

0645644X